

Monday

9:00 – 10:00	German – Beginning	107	Manfred Theilig-Speer (begin Feb 6)
9:00 – 10:00	CODA	106	Weekly
9:00 – 12:00	AARP Tax Assistance	Dining Room	Mar 6 – Apr 16
9:30 – 10:30	VH Board of Directors	113	Jan 23, Feb 27, Mar 26
9:30 – 10:30	Yoga	Stone Hall	Carol Allison
9:30 – 11:30	Italian – Continuing	105	Weekly
10:15 – 11:15	German – Intermediate	107	Manfred Theilig-Speer
10:15 – 11:45	Stroke Support Group	106	2nd Monday – Molly Johnston
10:30 – 11:30	Spanish – Beginning	111	Bill Churchill – Begin Jan 23
11:30 – 1:00	German – Conversational	107	Manfred Theilig-Speer
11:30 – 2:30	Painting Studio	105	Weekly
11:30 – 4:00	Bridge – Duplicate	Stone Hall	Vintage Duplicate Bridge Club: 494 - 8720
12:00 – 1:00	Spanish – Multi Level	111	Bill Churchill – Begin Jan 23
12:30 – 4:00	Bridge – Individual Foursomes	Library	Call for info
12:30 – 4:00	Mahjong	106	Weekly
5:00 – 7:00	Good Dog	105	Jan 19 – Feb 13

Tuesday

8:00 – 9:00	VH iWALK	Parking Lot	Weekly
9:00 – 1:00	AARP Driver Safety Program	105	Mar 6 & 13
9:30 – 10:30	Line Dance	Stone Hall	Weekly
9:30 – 11:30	VH Board Executive Committee	106	Jan 17, Feb 21, Mar 20
9:30 – 2:00	Sonoma Senior Social Club	111	CoA: 935 - 0850 for info
10:00 – 11:00	Blood Pressure Clinic	TBA	2nd Tuesday, drop in
10:00 – 11:00	French-Beg/Inter	107	Sally Smith – Sept thru May
10:00 – 12:00	Sonoma Best	Kitchen	Weekly
11:00 – 12:00	Qigong	Stone Hall	Robert Young
11:15 – 12:15	French Study Group	107	Weekly
1:00 – 2:30	Vintage Vision Program	113	Earle Baum Center
1:00 – 4:00	Bridge – Social Contract	Library	1st & 3rd Tuesday – Call for info
1:00 – 4:00	Watercolor	Stone Hall	SRJC Older Adults Program-Begin 1/17
1:00 – 4:00	Bridge – Intro to Duplicate	Dining Room	Wayne Gordon – ongoing
1:30 – 2:30	Hearing Assessment	107	4th Tuesday
3:00 – 4:00	Arthritis Foundation Exercise Program	113	Cat Petru – Jan 3 - Feb 7
5:30 – 6:30	Yoga – Continuing	Stone Hall	Mariana Smith – Jan 3 - Feb 8

Wednesday

9:00 – 10:00	Brown Bag Food Program	Stone Hall	1st & 3rd Wed
9:00 – 11:30	Center for Well-Being	113	Feb 22 – Mar 28
9:00 – 12:00	AARP Tax Assistance	Dining Room	Feb 1 – Apr 18
9:30 – 2:00	Quilting Group	107	2nd & 4th Wed
10:00 – 11:30	VH Singers	105	Weekly – Sept thru May
11:30 – 4:00	Bridge – Duplicate	Stone Hall	Vintage Duplicate Bridge Club: 494 - 8720
12:30 – 4:00	Bridge – Social	Library	Weekly – Call for info
2:00 – 4:00	Writing Class	111	Weekly
2:00 – 4:00	RCRC: <i>To Place Or Not To Place</i>	113	Jan 25 – Mar 7
2:00 – 4:00	RCRC: <i>Managing Frustration</i>	113	Mar 21 – May 9
5:00 – 6:00	Zumba GOLD	Stone Hall	Jan 4 – Feb 8

Class Tickets available for purchase at the front desk. \$3 for VH Members and \$5 for non-members
 Scholarships are available to help pay for classes, activities, trips and membership.
 Don't let limited resources keep you from enjoying your senior center!

Thursday

9:30 – 11:30	OLLI: <i>Muses in Their Own Right</i>	Stone Hall	Jan 19 – Feb 23 SSU 664 - 2612
9:30 – 11:30	Newcomers Club Board Mtg	113	1st Thursday
9:30 – 12:00	Legal Consultation Wills & Trusts	106	2nd Thursday – by appointment
9:30 – 2:00	Sonoma Senior Social Club	111	CoA: 935 - 0850 for info
10:00 – 11:30	Seasoned Poker	Library	Weekly
10:00 – 1:00	Chess Group	106	Drop In – No Charge
12:00 – 1:00	VH Book Club	107	3rd Thursday
12:30 – 3:30	SIRS Poker	Library	2nd & 4th Thursday
12:30 – 3:30	Watercolor Workshop	105	Barbara Marlin-Coole
1:00 – 3:00	OLLI: <i>Bobbed Hair and Model T's</i>	Stone Hall	Jan 19 - Feb 23 SSU 664 - 2612
1:00 – 4:00	HICAP (medical insurance help)	107	2nd Thursday – by appointment
3:00 – 4:00	Arthritis Foundation Exercise Program	113	Cat Petru – Jan 5 - Feb 9
3:00 – 5:00	Friends of the Library/Library Advisory Board	Dining Room	2nd Thursday – Jan - Jul
4:00 – 5:00	Library Book Club	111	2nd Thursday – Jan - Jul
4:00 – 5:00	Kiwanis Board Meeting	113	2nd Thursday
5:45 – 6:45	Taoist Tai Chi	105	Weekly Jan/Feb/Mar
6:30 – 9:00	Bridge – Declarer Play	Dining Room	Wayne Gordon – Jan 12 - Mar 8
7:00 – 9:00	VOM Garden Club	105	1st Thursday
7:15 – 8:30	VP Kids Choir	106	Weekly Jan/Feb/Mar
7:30 – 10:00	SV Home Winemakers	105	2nd Thursday

Friday

8:00 – 9:00	VH iWALK	Parking Lot	Weekly
9:30 – 10:30	Yoga	Stone Hall	Carol Allison
9:30 – 12:30	Canasta	Dining Room	Weekly
9:30 – 2:00	Sonoma Valley Respite	105	CoA: 935 - 0850 for info
10:00 – 11:30	Alzheimer's Support Group	106	4th Friday
10:30 – 12:00	LGBT	111	3rd Friday
10:30 – 12:00	Peripheral Neuropathy	106	1st Friday
11:00 – 12:30	Hula Mai – Continuing	Stone Hall	Jan 6 – Mar 2 (no Feb 17)
12:30 – 2:00	Hula Mai – Intermediate	Stone Hall	Jan 6 – Mar 2 (no Feb 17)
1:00 – 4:00	Bridge – Friday PM	106	1st, 3rd & 5th Friday – Call for info
1:00 – 4:00	Cribbage	Library	On-going

UPCOMING TRIPS, EVENTS, AND SPECIAL PROGRAMS

Thursday, January 5	OLLI Open House	1:00 – 3:00
Thursdays, Jan 19 thru Feb 23	OLLI: <i>Muses in Their Own Right</i>	9:30 – 11:30 SSU 664 - 2612
Thursdays, Jan 19 thru Feb 23	OLLI: <i>Bobbed Hair and Model T's</i>	1:00 – 3:00 SSU 664 - 2612
Sundays, Jan 22, Feb 12, Mar 18	Santa Rosa Symphony	1:00 pm depart from Barracks Lot
Friday, February 3	de Young Museum	9:00 am depart from Barracks Lot
Friday, February 17	Volunteer Appreciation Party	Save the Date
Thursday, March 1	Sonoma Blanket Brigade	1:00 – 4:00
Wednesday, March 7	California Academy of Sciences	9:00 am depart from Barracks Lot
Friday, March 9	Alzheimer's Association Workshop	10:00 – 11:30
Friday, March 16	St. Patrick's Day Luncheon	12:00 - 3:00
Saturday, March 17	Q.U.I.L.T. Show	10:00 – 4:00
Sunday, March 18	Q.U.I.L.T. Show	10:00 – 4:00
Wednesday, March 28	Walt Disney Museum	9:00 am depart from Barracks Lot

Vintage House is dedicated to providing Sonoma Valley seniors with activities and services that:

- enhance dignity
- promote well-being and independence
- encourage participation in community life

Membership is offered to all who support these objectives: \$35 per individual, \$50 per couple.